

*The Supreme Goddess, Her Holiness
Shri Mataji Nirmala Devi Mahatmya –
Written by Madhukar Thakur*



Marathi | English

* P R E F A C E *

Dear Sahaja Yogies,

Jai Shree Mataji !!!

All of us have must have heard about Great (Sahaj) Yogi Gagangiri Maharaj of Gaganbawda / Khopoli as also narrated by Our Holy Mother Shree Mataji on many occasions.

It gives Great Joy to share with **World Sahaja Collective** an Unique publication namely "**Shree Nirmal Mahatmya**" (Meaning The Greatness of Shree Nirmala Devi) which depicts Glory and Grace of Our Holy Mother.

Interestingly, this Mini Praise booklet is composed / written in Marathi by Shri. Madhukar Thakur on basis of Orders (read instructions) from his Guru Shri Gagangiri Maharaj and was published in Mumbai on 21 March 1974.

This book is a Testimony to The Greatness of Great Disciple Shri Gagangiri Maharaj and Grace of Vishwavandita (Universally Revered) Divine Mother H. H. Shree Mataji Nirmala Devi !!!

Original copies of this book were shared with Pashan (Pune) collective by Shri Anant Damle from Mumbai in year 2010. A digitized version of the same is shared herewith for reference of Sahaja World.

Disclaimer:

The Marathi images were OCR-ed and translated with the help of AI (Artificial Intelligence). If you can read and write Marathi, please go through this document and in case of any mistake, please email me at aparna.gangopadhyay@gmail.com. I will correct the version.

Please Note: This is version I of the AI translated document. This document is open to changes. The Marathi translations are present in both Hindi and English.

Jai Shri Mataji!

परम पूज्य श्री माताजी निर्मला देवी - चरण दर्शन



अखिल विश्वपरमात्म्यानें निर्माण केलेल्या वसुंधरेवर अत्यंत पावन अशौ " भारतभुमी " आहे या पवित्र भूमीवर दैवी शक्तींचा संचार असल्यानें त्यांच्या तपोबळावर विश्वाचे रक्षण होत आहे. "गगनबावडा-कोल्हापूर" येथे पांच हजार फूट उंच असणाऱ्या गगनगडावरील भव्य गुर्देत नाथपंथी महान तपस्वी " प. पू. स्वामी गगनगिरी महाराज" आहेत.

२४ मार्च १९६१ रोजी मला त्यांचे प्रथम दर्शन झाल्यापासून माझ्या अल्पबुद्धिनुसार माझ्याकडून जे कांहीं घडले जात आहे, ते महाराजांच्या कृपेमुळेच. २४ डिसेंबर ७५ रोजी प्रत्यक्ष महाराजांनी मला प. पू. निर्मला माताजींची प्रतिमा दिल्यावर तीन महिन्यांनी प. पू. माताजींच्या भेटीचा योग आला.

त्यानंतर माझ्या कल्पनेनुसार आणि अधिक माहिती गोळा करून २१ मार्च ७४ रोजी संपूर्ण माहात्म्य "बिल्डा क्रीडा केंद्र " या ठिकाणी जाहीर कार्यक्रमांत ऐकविले. माझ्या लेखणीतून ज्या अक्षरांची मांडणी झाली आहे, त्यांतून निघणाऱ्या अर्थाचा परिणाम "परमपूज्य भगवती निर्मलादेवी मातेच्या दिव्य चरणकमलावर समर्पण करीत आहे.

**निंदा अथवा बंदा । मी तर माझ्या छंदां ॥
आहे गुरु नि माता । सारी तयांना चिंता ॥**

- मधुकर

Behold! The Holy Lotus Feet



On this sacred Earth, created by the Supreme Being of the entire universe, there is a land known as "Bharat Bhumi," which is blessed with divine powers. It is through the intense penance of these divine powers that the protection of the universe is carried out.

At "Gaganbavda-Kolhapur," on the majestic Gagangad, which is 5,000 feet high, resides the great ascetic of the Nath tradition, "Param Pujya Swami Gagangiri Maharaj." Since I first had the privilege of meeting him on March 24, 1961, whatever has transpired from my limited intellect has only been due to his grace.

On December 24, 1973, after receiving the idol of Param Pujya Nirmala Mataji directly from Maharaj, I had the opportunity to meet Mataji three months later. Afterward, based on my thoughts and further gathering of information, I shared the complete significance on March 21, 1974, at a public event held at "Birla Krida Kendra."

The words conveyed through my pen are dedicated to the divine lotus feet of the most revered Bhagwati Nirmaladevi Mata.

**Criticism or praise, I remain focused on my inclinations,
For I have Guru and Mother, and all concerns are theirs.**

Madhukar

प. पू. भगवती निर्मलादेवी महात्म्य

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-: प्रारंभ :-

नमस्ते गणा गौरीसूता । नमस्ते सरस्वती माता ॥
नमस्ते हे कूळदैवता । मंगल व्हावे ॥ १ ॥

गगनगिरी थोर नाथ । जोडिले तुम्हांसी मी हात ॥
" निर्मलामाता " जगतात । धन्य त्या झाल्या ॥ २ ॥

प्रसन्न दर्शन आईचें । आकर्षण दिव्य नेत्रांचे ॥
आगळे तेज स्वरूपाचे । वर्णवे नाही ॥३॥

हास्यमुद्रा मधूर वाणी । चित्त रमते ती ऐकूनी ॥
त्रिकालज्ञ संपूर्ण ज्ञानी । माऊली आहे ॥४॥

जैशी देवी ती वेळोवेळी । भूवरी घावोनिया आली ॥
नाना ठायीं रूपें घेतली । भू-तलावरी ॥ ५॥

प्रथम चक्र " मूलाधार" । " आदिशक्ति" स्वरूप थोर ॥
सर्व कार्य केले त्यावर । देवीनें तेव्हां ॥ ६॥

चैतन्यमय श्रीगणेश । अग्रपूजेचा मान त्यास ॥
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द्वितीय चक्र "स्वाधिष्ठान" । "सरस्वती" स्वरूप छान ॥
वेद ब्रह्मदेवाकडून । निर्मूनी दिले ॥८॥

तृतीय चक्र " मणिपूर" । " लक्ष्मी" स्वरूप ते सुंदर ॥
कार्य ते तीन चक्रावर । " विष्णुच्या " संगे ॥ ९ ॥

P. P. Bhagwati Nirmaladevi Mahatmya

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-: Beginning :-

Salutations to Gana Gaurisuta, Salutations to Saraswati Mata,
Salutations to the ancestral deity, May auspiciousness prevail. (1)

Gagangiri, the great Nath, I fold my hands to you.
"Nirmala Mata" is in the world, Blessed are those who have attained her. (2)

The divine vision of the Mother, The attraction of her divine eyes,
Her unique radiant form, Cannot be described in words. (3)

Her smile, her sweet voice, The heart delights in listening to it,
She is a knower of all three times, She is the Mother. (4)

As the goddess, she appeared at different times,
Coming down to the earth,
Taking many forms, On the earth's surface. (5)

The first chakra, "Muladhara," In the form of "Adi Shakti," is great,
All tasks were accomplished upon it,
By the Goddess at that time. (6)

The conscious Ganesh, Is honored with the foremost worship,
The eternal child, the Lord of Ganas, Is a divine being. (7)

The second chakra, "Swadhishtana,"
In the form of "Saraswati," is beautiful,
The Vedas were created by Brahma,
And were given to us. (8)

The third chakra, "Manipura," In the form of "Lakshmi," is beautiful,
All work was done on these three chakras,
With "Vishnu" accompanying them. (9)

"अनाहतचक्र" चतुर्थ । "दुर्गा" स्वरूप शोभे त्यात ॥
सवे शोभे "कैलासनाथ" । ऐसी दुर्गा ती ॥ १० ॥

प्रथम स्वरूप मानवी । रामायण "सीता" शोभवी ॥
"माता निर्मला" तैशी देवी । जणूं ती आहे ॥ ११ ॥

"विशुद्धिचक्र" ते पंचम । "राधिके" संगे शोभे शाम ॥
करा माऊलीसी प्रणाम । नरनारी हो ॥ १२ ॥

"आज्ञाचक्र" तेंच सहावे । "महालक्ष्मीचे" स्थान दावे ॥
रमली "मेरी" येशू सवे । मातृस्वरूपें ॥ १३ ॥

मानवी स्वरूप संपूर्ण । संबंध मायेशी म्हणून ॥
लेकरा सौख्य देती पूर्ण । धन्य ती लीला ॥ १४ ॥

सातवे ते "सहस्रदल" । सात चक्रावरी खुशाल ॥
जणू कार्य त्यांचे विशाल । पाहण्या लाभे ॥ १५ ॥

या चक्राचे होतां भेदन । आत्मसाक्षात्कार संपूर्ण ॥
त्या नंतर करतां ध्यान । ब्रह्मदर्शन ॥ १६ ॥

कलियुगांत माया असे । म्हणूनी कोणां जाण नसे ॥
कचित योगी कुणी दिसे । त्यास हे ठावे ॥ १७ ॥

पाहिले योगी साधू-संत । रमले कैक मानवात ॥
ऐसेच दिसती बहुत । युग हे ऐसे ॥ १८ ॥

देहाची पर्वा नाही केली । पारणे खाऊनी मार्थीं ॥
ऐसी एक नाथमाऊली । डोंगर भूके गेली ॥ १९ ॥

योगी गगनगिरीनाथ । राहती पर्वती गुहेत ॥
नवनाथी साधू साक्षात । जाणती सारे ॥ २० ॥

निर्विचारता ध्यानांत आणा । चेतनतत्त्व तुम्हीं जाणा ॥
ध्यानांत मन जन व्हाना । माऊली सांगे ॥ २१ ॥

"Anahat Chakra" is the fourth, where the radiant form of "Durga" shines.
Alongside Her, "Kailasanath" is also resplendent—such is the glory of Durga. ||10||

The first form was human, as seen in the Ramayana with "Sita"'s grace.
In the same way, "Mata Nirmala" is that Divine Mother, as if She Herself is here. ||11||

"Vishuddhi Chakra" is the fifth, where "Radha" shines alongside Shyam (Krishna).
O men and women, bow down to the Divine Mother. ||12||

"Agnya Chakra" is the sixth, the rightful place of "Mahalakshmi".
There, "Mary" dwelled with Jesus, embodying the motherly form. ||13||

Her human form was complete, symbolizing the bond of motherhood.
She gave comfort and joy to Her children—
blessed is that divine play (Leela). ||14||

The seventh is the "Sahasrara", reigning supreme over the seven chakras.
Her work is vast and magnificent—one is fortunate to witness it. ||15||

When this chakra is pierced, self-realization is attained completely.
Thereafter, when one meditates,
one beholds the divine vision of the Brahman. ||16||

In Kaliyuga, illusion (Maya) prevails, so people fail to realize the truth.
Rarely does a true Yogi appear, one who truly knows this. ||17||

Many saints and yogis have emerged and merged among humanity.
Such divine souls are seen in abundance—this is the nature of the age. ||18||

They did not care for the body, they lived on mere water or air.
Such was one Nath-Mauli (great yogi), who overcame hunger,
living in the mountains. ||19||

Yogi Gagangiri Nath resides in the caves of the mountains.
The great Navnath saints are ever-present, aware of all. ||20||

Attain the state of thoughtless awareness,
know the essence of pure consciousness.
Let your mind dissolve into meditation—
this is what the Divine Mother teaches. ||21||

हृदयीं जीवात्मा तो वसे । दृश्य कधीं तो होत नसे ॥
आज्ञाचक्रीं तो डुलतसे । तेज ते न्यारे ॥ २२ ॥

चंचल मन स्थिर करा । चित्त हृदयावर धरा ॥ २३ ॥

"जीव" एक "आत्मा" दूसरा । जाणवतील
जोडणारी ती भगवत्ती । समर्थ तत्पर असे ती ॥
हवी प्रतिज्ञा अटल ती । जाणूनी घ्यावें ॥ २४ ॥

संदेश गोड माताजींचा । नटला देह मानवाचा ॥
विश्वास ठेवूनी मनाचा । मानवा जाग ॥ २५ ॥

पूज्य माताजी जगतात । प्रेम जणूं ते मूर्तीमंत ॥
भेटले ज्यास जीवनात । धन्य तो जाणा ॥ २६ ॥

जिथें लक्ष्मी ती स्वयें असें । तिथे लक्ष्मीला
सौख्य भोवती नांदतसे । माय तोटा नसे ।
माय ते प्रेमी ॥ २७ ॥

वाण नाही कसली जरा । तरी भजे परमेश्वरा ॥
अंश ईश्वरी असे खरा । या भूमिवरी ॥ २८ ॥

दैवीशक्तिचा फिरे हात । दुःख पळते सागरात ॥
भक्त पिडित धावतात । आईच्या पाशी ॥ २९ ॥

कष्ट सोशिली माता स्वयें । परी भक्तां ते कळू नये ॥
ऐसे प्रेमी हृदय दयें । भारीले त्यांचे ॥ ३० ॥

भेदभाव तो नाही तीर्थे । श्रीमंत आणि गरीब ते ॥
प्रेम लुटतात सत्य ते । माऊली ठायीं ॥ ३१ ॥

जो जो असतो भाग्यवान । त्याचेच वळे तीर्थे ध्यान ॥
राव रंक नि थोर सान । भेटती तेथे ॥ ३२ ॥

अपरंपार आत्मज्ञान । कोण संकटी सर्व जाण ॥
दूर ना कधीं भगवान । माऊली सेवें ॥ ३३ ॥

The soul resides in the heart, yet it is never seen.
At the Agnya Chakra, it wavers—its radiance is unique. ||22||

Still your restless mind, focus your attention on the heart. ||23||

The "Jiva" (individual self) and "Atma" (spirit) are distinct,
but the Divine Mother is the one who unites them.
She is ever-powerful and ever-ready.
Her vow is firm—understand this well. ||24||

The sweet message of Mataji is embodied in the human form.
Have faith in your heart, O mankind, and awaken! ||25||

The Revered Mataji walks this earth,
She is love incarnate. Fortunate is the one who meets Her in life—
know that he is truly blessed. ||26||

Where Lakshmi Herself resides, there prosperity flourishes all around.
There is no lack of maternal love, for Mother is the very essence of love. ||27||

She does not need anything, yet She constantly worships the Supreme.
A divine spark of God truly exists on this very earth. ||28||

The hand of divine power moves, driving away sorrow into the vast ocean.
The suffering and the devoted rush to the Mother's feet. ||29||

The Mother endures hardships Herself,
yet Her devotees never come to know of it.
Such is the deep compassion of Her loving heart—
Her burden remains unseen. ||30||

There is no discrimination in holy places, between the rich and the poor.
All equally receive the nectar of truth at the Mother's abode. ||31||

The truly fortunate are those whose minds turn toward the sacred.
Kings and paupers, great and small— all meet there as one. ||32||

The knowledge of the Spirit is infinite, and in times of distress, it knows all.
The Divine is never far away for those who serve the Mother. ||33||

मानवात रमली देवी । जाणिव मानवाला हवी ॥
वैभवसंपन्न शोभवी । भक्तमेळा हा ॥ ३४ ॥
लेकरे अज्ञानी ही सारी । लोळती पूज्य पायावरी ॥
हस्त ठेवूनी डोईवरी । माय ती तारी ॥ ३५ ॥
नाही ठावे जे मानवाला । माय देई ते ज्ञान त्याला ॥
प्रेम हवे फक्त आईला । लेकरांचे त्या ॥ ३६ ॥
गर्वाभिमान नाही ठावा । सर्वस्वि अर्पण ते देवा ॥
थोर जाहली जनसेवा । धन्य ते कार्य ॥ ३७ ॥
दैवीशक्तिचे ते गणित । "कुंडलिनी" होय जागृत ॥
कैक भक्त स्वयें जाणित । नित्य त्या ठायीं ॥ ३८ ॥
चरणस्पर्श ज्यानें केला । आधिव्याधित्या नष्ट झाल्या ।
तो भक्तिमार्गात रमला । मानव जाणा ॥ ३९ ॥
ध्यान धारणा सदा करा । वदनीं "माता" नाम स्मरा ॥
मग जीवनात उद्धरा । गोड हा सल्ला ॥ ४० ॥
दिव्यशक्ति "निर्मला देवी" । काव्य करील काय कवि ॥
गुरुकृपा प्रथम हवी । लाभते तेव्हां ॥ ४१ ॥
सगुणमूर्ती पाहूं चला । गूण आईचे गाऊं चला ॥
ध्यान अंतरी लावू चला । छंद तो गोड ॥ ४२ ॥
नरनारी रमले सारे । भक्तिचे सुटलेत वारे ॥
अध्यात्मज्ञान रंगणारे । साधकां ठावे ॥ ४३ ॥
ठाव मांडनी हृदयांत । बसते माता आनंदात ॥
भाविक डोलतो सुखात । जीवनीं त्याच्या हृदया ॥ ४४ ॥
माते ममता तुझी खरी । सजीव मूर्ती तूं ईश्वरी ॥
भक्त तुझ्या चरणावरी । लोळतो आहे ॥ ४५ ॥

The Goddess dwells among humans,
But humans must become aware of Her presence.
She shines in all Her divine glory, As devotees gather around Her. ||34||

All these children are ignorant, Yet they roll at Her sacred feet.
Placing Her hand upon their heads,
The Divine Mother blesses and uplifts them. ||35||

What humans do not know, The Mother imparts as divine knowledge.
She seeks nothing but love From Her beloved children. ||36||

Pride and arrogance have no place, For true devotion is surrendering everything to
God. Service to humanity is the greatest virtue,
Blessed is such noble work. ||37||

The workings of Divine Power— It is the awakening of Kundalini.
Many devotees have experienced this As a daily reality. ||38||

Whoever touches Her feet Is freed from ailments and afflictions.
Such a one becomes immersed in devotion,
O mankind, understand this truth! ||39||

Always practice meditation and concentration,
And let "Mata's" name be upon your lips. This is the sweet advice—
Which shall uplift your life. ||40||

The Divine Power of Nirmala Devi— How can a poet ever describe it?
But first, one must receive the grace of the Guru,
Only then does true realization come. ||41||

Come, behold the embodiment of the Divine,
Sing praises of the Mother's virtues. Fix your meditation deep within,
For this melody is truly sweet. ||42||

Men and women are absorbed in Her devotion,
The winds of Bhakti (devotion) now flow freely.
The colors of spiritual wisdom fill the air,
And true seekers understand this joy. ||43||

Within the heart, the Mother finds Her place, She dwells there in bliss.
The true devotee sways in happiness, As his heart fills with divine love. ||44||

O Mother, your love is true, You are the living embodiment of the Divine.
Your devotees surrender at Your feet, And remain there in complete devotion. ||45||

दूर देशी तूं जाशी जरी, प्रतिमा धरूनी सामोरी ॥
जो जो स्मरी तुज अंतरीं, भेटशी त्याला ॥४६॥

ऐसे प्रेम ना दिले कोणी, प्रेमळ खरी तूं जननी ॥
मस्तक ठेऊनी चरणीं, धन्यता वाटे ॥४७॥

लक्ष्मी म्हणूं की सरस्वती, कीं शंकराची त्या पार्वती ॥
धन्य धन्य तूं भगवती, या कलियुगीं ॥४८॥

माताजी तुम्हीं दया करा, अखंड छत्र शिरी घरा ॥
घ्यावे जवळी या पामरां, आस ही एक ॥४९॥

काय जादू तरी वाणीत, थोर दर्शन सुशोभित ॥
स्पर्श होतसे तो पुनित, जाणवे न्यारे, ॥५०॥

सल्ला घ्यावा त्या गडावरी, तेथे नाथ "गगनगिरी" ॥
सत्यवाणी मातेची खरी, साधकांसाठीं ॥५१॥

प्रभूभक्तिच्या प्रीतीवरी, नाथ भेटले गिरीवरी।
"गहिनीनाथ" ते भूवरी, सांगती माता ॥५२॥

माताजीसारिखे दैवत। भक्त राहतसे शोधित
परी, भेटते अकस्मित। भक्तिवेड्याला ॥५३॥

प्रपंची गुंतला मानव, नसते देवाची आठव ॥
माता देतसे ती जाणीव, सावधान व्हा ॥५४॥

कनवाळू माता निर्मला, शिंपिते भक्तिचा तो मळा ॥
सुगंध सकळीं फाकला, या जगावरी ॥५५॥

गरीब येती तिथे जरी, माय त्यासी जवळ करी ॥
हस्त ठेऊनी तयां शिरीं, देतसे सारे ॥५६॥

दिसे प्रतिमा घरोघर, तेज आगळे खरोखर ॥
भारताच्या या भूमिवर, आगळी मूर्ती ॥५७॥

Even if You travel to distant lands, Your image remains before us.
Whoever remembers You in their heart, You meet them. (46)

No one has given such love, truly compassionate Mother.
Placing our heads at Your feet, we feel divine bliss. (47)

Should I call You Lakshmi or Saraswati, or the Parvati of Lord Shiva?
Blessed, blessed are You, O Divine Mother, even in this Kali Yuga. (48)

O Mother, please shower Your grace,
let Your eternal shelter be upon our heads.
Bring these helpless ones closer to You, for this is our only longing. (49)

What magic resides in Your words, what a divine and radiant vision!
Your mere touch is sacred, it feels extraordinary. (50)

Seek guidance from that sacred mountain, where resides
Nath "Gaganagiri."
The truth in Mother's words is real, for all seekers. (51)

In the love of divine devotion, Nath was found upon the mountain.
"Gahininath" on this earth, tells the tale of the Mother. (52)

There is no deity like Shri Mataji. Devotees search for Her,
Yet, She appears suddenly before those madly in love with devotion. (53)

The worldly-minded man is entangled in illusion, forgetting the Divine.
But the Mother grants him awareness—be alert! (54)

Compassionate Mother Nirmala spreads the garden of devotion.
Its fragrance spreads everywhere in this world. (55)

Even the poor come to Her, and She embraces them with love.
Placing Her hand upon their heads, She grants them everything. (56)

Her divine image appears in every home,
With an extraordinary radiance, truly unique.
On this sacred land of Bharat, She manifests as a divine form. (57)

चहूंकडे गाजते कीर्ति । साधकाला मिलते सुफूर्ति ॥
भाविक करिती आरती । देवीची ऐशा ॥ ५८ ॥
काय असते कोणा मनीं । जाणते सर्व ती जननी ॥
तैशीच असे ती करणी । निर्मलाजींची ॥ ५९ ॥
बोध हिताचा घ्यानीं धरा । कर्म जीवनीं शुभ करा ॥
पाहा स्वयें परमेश्वरा । साधना ऐशी ॥ ६० ॥
आहे कलिचे यूग परी । अनेक संत या भूवरी ॥
फसतो मानव चौफेरी । पाहुनी वेष ॥ ६१ ॥
लाभली ज्यास एक सिद्धि । तो म्हणे श्रेष्ठ माझी बुद्धि ॥
मानवां नसते हो शुद्धि । धावतो तेथे ॥ ६२ ॥
सिद्धि दावते चमत्कार । मानव करी नमस्कार ॥
ऐसे साधू या जर्गीं फार । शेवटी शून्य ॥ ६३ ॥
कुणर्णी साधू असे आगळा । बस्नाहुनी भक्त वेगळा ॥
नाचे दरबार सगळा । भक्ति ही कैशी ॥ ६४ ॥
भान नसे भक्तां वस्त्राचे । लक्ष तेथे कोटी जनांचे ॥
दृश्य बघवे ना हे त्यांचे । वेगळे खेळ ॥ ६५ ॥
कुणी निर्मितो अलंकार । आवडे भक्तां हा प्रकार ॥
होईल तेथेची उद्धार । मानवा वाटे ॥ ६६ ॥
शिखरीच्या गडस्वामींना । विनंती करिती नाथाना ॥
मानवांसाठीं खाली याना । डोंगरातुनी ॥ ६७ ॥
"आई निर्मला" फार भोळी । स्वर्गीची देवताच आली ॥
मानवात मन जहाली । बोलकी देवी ॥ ६८ ॥
दया क्षमा शांती नांदते । लेकरात माता खेळते ॥
स्पष्टवादी बोल बोलते । धन्य ती वाणी ॥ ६९ ॥

Her glory resonates in all directions, bringing divine energy to seekers.
Devotees perform Aarti in her honor. (58)

What lies in anyone's heart, she knows it all—
For she is the Mother, and her actions are as pure as Shri Nirmala's. (59)

Embrace the wisdom of righteousness, Perform auspicious deeds in life.
See for yourself—God is watching your Sadhana. (60)

Though this is the age of Kali, many saints walk this earth.
Yet, man is deceived from all sides by outward appearances. (61)

One who attains a single Siddhi (spiritual power)
Begins to boast of their own intelligence.
But man lacks purity and runs after such displays. (62)

Siddhis perform miracles, And people bow before them.
There are many such so-called saints in this world,
But in the end, all leads to nothingness. (63)

Some fake saints stand apart,
Dancing in courts while pretending to be different from true devotees.
What kind of Bhakti is this? (64)

True devotees care not for their attire,
Yet, millions are drawn towards these external displays.
One cannot even bear to witness such spectacles—
It is a different game altogether. (65)

Some create grand ornaments, And such things appeal to their followers.
They believe liberation will come from there— Such is man's ignorance. (66)

Seekers plead to the Lord of the Mountain Peaks, Requesting the divine to descend.
They ask the Nath sages to come down from the mountains,
For the sake of mankind. (67)

"Mother Nirmala" is truly innocent, A heavenly deity who has descended to Earth.
She has merged her consciousness with humanity,
A goddess who speaks. (68)

Compassion, forgiveness, and peace dwell within her.
She plays among her children like a loving mother.
Her words are straightforward and clear—
Blessed is her divine speech! (69)

वाटे घडावी नित्य सेवा। आनंद दर्शनाचा ध्यावा ॥
लोभ दुसरा तो नसावा । चिंतनीं धुंद ॥ ७० ॥

बदती माता भक्तजनां । साक्षात्कार नंतर जाणा ॥
सहज योगिपद ध्याना । श्रेष्ठ ते आहे ॥ ७१ ॥

योगिच संकटां निवारी । तो चेतनतत्त्वाधिकारी ॥
ते मिळे पायरी पायरी । जाणवे आधीं ॥ ७२ ॥

चित्त फिरविता ते येते । मग सूत्रही ते गाठते ॥
पुढे पुढें सर्व कळते । योगि ते जाणे ॥ ७३ ॥

अस्मिता पलिकडे आहे । तो धर्मही जागृत राहे ॥
समष्टी दृष्टीनें त्या पाहे । लाभते सारे ॥७४ ॥

आत्मतत्व मग धर्मात । चमकणार अकस्मात ॥
मिटे अस्मिता तुमच्यांत । धर्मची तुम्हीं ॥ ७५ ॥

मग आनंद नाही तिथे । शरीर आहे जाणवते ॥
धर्मकार्य मात्र मग ते । करणे भाग ॥ ७६ ॥

संसारी प्रकाश तो येई । मात अंधारावर होई ॥
बेंच तत्त्व लक्षांत ठेवी । आई ती सांगे ॥ ७७ ॥

चंद्रसूर्य ईडा पिंगला । रोमरोमीं देह नटला ॥
गणेश भैरव तुम्हांला । रक्षिण्या आहे ॥ ७८ ॥

हृदय प्रभूचे मंदीर । चित्त करा तेथेची स्थीर ॥
आम्हीं तुमच्या बरोबर । वाणी आईची ॥ ७९ ॥

तुमची इच्छा मिळे केव्हां । आमुच्या ती इच्छेत जेव्हां ॥
कार्य साध्य होतसे तेव्हां । देवता सांगे ॥ ८० ॥

धर्मस्तंभ व्हा आधीं परी । धर्मस्थापना ती नंतरी ॥
भगवती माता उद्धरी । भाविकां साऱ्यां ॥ ८१ ॥

May the opportunity arise to serve always.
May the joy of divine vision be experienced.
Let there be no other greed, Let the mind be absorbed in meditation. ||70||

The Divine Mother blesses the devotees,
Realization comes after the experience.
The state of a Sahaja Yogi in meditation Is truly the highest. ||71||

She removes the troubles of Yogis,
She is the controller of the conscious principle.
This is attained step by step, One realizes it gradually. ||72||

As the mind turns inward, It begins to grasp the essence.
Slowly, everything becomes clear, Only a Yogi understands this. ||73||

Beyond ego, Dharma (righteousness) remains awakened.
With a collective vision, One attains everything. ||74||

The essence of the Self shines in Dharma, Suddenly, it illuminates.
Ego dissolves within you, You become the embodiment of Dharma. ||75||

There is no joy in mere existence, Only the body is perceived.
The real duty then becomes The work of Dharma. ||76||

The light of spirituality spreads, Dispelling the darkness within.
The essence of knowledge is retained, The Mother reveals this truth. ||77||

The Moon, the Sun, Ida, and Pingala, They are adorned within the body.
Lord Ganesha and Bhairava Are there to protect you. ||78||

The heart is the temple of the Lord, Keep your mind steady within it.
We are always with you, This is the word of the Divine Mother. ||79||

Your wish is fulfilled when It aligns with our divine will.
When the work is accomplished, The deities affirm it. ||80||

Be a pillar of Dharma first, Then comes the establishment of righteousness.
The Divine Mother uplifts, All the true devotees. ||81||

प्रभुसेवा सदा करावी । सत्यदृष्टि सदा धरावी ॥
असत्यवाणी नां वदावी । देव ना दूरी ॥ ८२ ॥
कर्म ज्याचे असते जैसे । फळही त्याला मिळे तैसे ॥
अभक्तासी कळेल कैसे । न्याय हा दैवी ॥ ८३ ॥
आत्मजानों व्हावे समर्थ । मोक्षमार्ग तो सुषुम्नेत ॥
ध्यानीं ठेवावी मध्यवाट । बोध मातेचा ॥ ८४ ॥
मातेस भक्ता जा शरण । सोडूं नको दोन्हीं चरण ॥
जाणे माता जन्म मरण । भाग्य आपुले ॥ ८५ ॥
कोणी नाही जगीं कोणाचे । प्रेम लुटा हो माऊलीचें ॥
स्थान तेची आत्मशांतीचे । ओळखा बारे ॥ ८६ ॥
लक्ष चौऱ्यांशी थोनीतुनी । नरदेह लाभला ज्ञानी ॥
सार्थक करावे त्यातूनी । बोध हा थोर ॥ ८७ ॥
समुद्रतीरी भगवती । परमार्थाचे देई मोती ॥
घेऊनी भक्त पार होती । भाग्य हे थोर ॥ ८८ ॥
ज्यांची असे थोर पुण्याई । त्यांस लाभते ऐसी आई ॥
संकटीं धावे लवलाही । प्रेम ते गोड ॥ ८९ ॥
दैवी सामर्थ्य ते अचाट । भूत पिशाच्च काढी वाट ॥
रामबाण फिरतो हात । माय मायाळू ॥ ९० ॥
लपवू नका कधीं काय । जाणते सर्वकांहीं माय ॥
धरा आधीं तिचेच पाय । ध्यानीं ठेवावे ॥ ९१ ॥
ध्यानीं मनीं राहो माताजी । सुखात दुःखात माताजी ॥
रात्रंदिन पाहा माताजी । बेड हे तारी ॥ ९२ ॥
" निर्मला माताजी" आपुल्या लेकरांना साऱ्या भेटल्या ॥
नित्य हृदयीं त्या बैसल्या । भक्तिनें पाहा ॥ ९३ ॥

Always serve the Lord, Always hold the vision of truth.
Never speak falsehood, For God is never far away. ||82||

As are one's actions, So shall be one's rewards.
How can a non-believer understand This divine justice? ||83||

O seekers, become strong, For the path to liberation lies in Sushumna.
Keep your focus on the middle path, This is the wisdom of the Mother. ||84||

O devotee, surrender to the Mother, Never leave Her holy feet.
The Mother alone knows Your fate of birth and death. ||85||

No one truly belongs to anyone in this world,
Only the Divine Mother's love is eternal.
Her presence is the abode of inner peace, Recognize this truth. ||86||

After wandering through 84 million births,
You have received this human life, O wise one.
Make it meaningful, For this is the greatest teaching. ||87||

At the ocean's shore, The Divine Mother offers pearls of spiritual truth.
Holding them, devotees cross over, Such is their great fortune. ||88||

Those with immense merits, Are blessed to have such a Mother.
She rushes to them in distress, Her love is sweet and divine. ||89||

Her divine power is unparalleled, It clears the path of spirits and obstacles.
Her hands wield the ultimate divine weapon,
Yet She is the ever-loving Mother. ||90||

Never try to hide anything, For the Mother knows all.
First, surrender at Her feet, And keep Her in your heart. ||91||

Let Mother always reside in your mind, In joy and in sorrow, think of Her.
Day and night, behold the Mother, She alone will ferry you across. ||92||

"Nirmala Mataji" has embraced all Her children,
She forever dwells in the hearts of Her devotees.
Behold Her with pure devotion. ||93||

जैसा चंद्रमा पुनवेचा । तैसा टिळा शोभे भालिचा ॥
पदर शोभतो आईच्या । डोईला छान ॥ ९४ ॥

दर्शन मिळते मंगल । चौफेर असते मंगल ॥
सारेच घडते मंगल । स्वर्गची भासे ॥ ९५ ॥

चुकां आम्हां क्षमा करी । अज्ञानी जन आम्हीं परी ॥
रमो मन ध्यानमंदीरीं । कर कृपा आई ॥ ९६ ॥

आस ईश्वरां माझी कळो । आयुष्य माझें मातें मिळो ॥
माते ठायीं पाऊल वळो । बालकाचे या ॥ ९७ ॥

पावन भूमी ही भारती । अंश दैवी अवतरती ॥
पारखणारे या जगती । फार हो थोडे ॥ ९८ ॥

कुणीं संत ते राजयोगी । कुणी असती हठयोगी ॥
सत्य निस्वार्थी खरे त्यागी । कचित होती ॥ ९९ ॥

थोर माता सौभाग्यवती । चंदनापरी त्या झीजती ॥
झटती माता परमार्थी । धन्य ते कार्य ॥ १०० ॥

दिली प्रतिमा माताजींची । कृपा त्या गगनगिरींची ॥
झाली मांडणी अक्षरांची । पुज्य ती सारी ॥ १०१ ॥

माहात्म्य सान हे गाईले । माताजीनीं पूर्ण श्रविले ॥
तेथेची पावन जहाले । कविचे शब्द ॥ १०२ ॥

पठण करा ऐका परी । कराल याची निंदा जरी ॥
दैवी लीला फार ती न्यारी । दंड भोगाया ॥ १०३ ॥

वाईट दृष्टि जो धरील । घोर पातक तो करील ॥
पाप जन्मीं या तो भोगिल । ध्यानी हे राहो ॥ १०४ ॥

माताजीचे कार्य केवढे । चरित्र पर्वता एवढे ॥
सान कार्य ठेवूनी पुढें । लेखणी थांबे ॥ १०५ ॥

Just as the full moon shines bright, So does the tilak glow on the forehead.
The mother's veil is resplendent, Adorning her head beautifully. || 94 ||

Her divine vision is auspicious, Everything around is filled with blessings.
All events unfold in harmony, It feels like heaven itself. || 95 ||

Forgive us for our mistakes, We are but ignorant souls.
Let our minds find peace in meditation,
O Mother, shower your grace upon us. || 96 ||

May my longing for God be understood, May my life be dedicated to my Mother.
May my steps always turn toward Her, Like a child seeking its mother. || 97 ||

This sacred land of Bharat, Is where divine incarnations descend.
Yet, in this world, Only a few can truly recognize them. || 98 ||

Some are saints, some are royal yogis, Some follow the path of Hatha Yoga.
But true seekers of truth and selflessness, Are indeed very rare. || 99 ||

The great Mother, full of fortune,
She gives herself away like sandalwood, wearing down for others.
She tirelessly works for the spiritual upliftment of all,
Blessed is her divine mission. || 100 ||

The sacred image of Mataji was given,
By the grace of Gagangiri Maharaj.
The letters were arranged to form this tribute,
Each word is worthy of reverence. || 101 ||

The greatness of the Mother has been sung, And she has heard it in its entirety.
Thus, the poet's words themselves, Have become sanctified. || 102 ||

Read and listen to these words, But if you criticize them,
Know that this divine play is beyond ordinary understanding,
And punishment awaits the ungrateful. || 103 ||

Those who look upon her with ill intent, Will commit a grave sin.
They will suffer for their misdeeds,
Let this be remembered always. || 104 ||

The work of Mataji is beyond measure,
Her divine character is as vast as a mountain.
Placing this humble effort before her,
The pen now comes to rest. || 105 ||

मी कलाकार डोंगरीचा । थोर आदेश तो गुरूंचा ॥
योगही आलासे भेटीचा । भेटली माता ॥ १०६ ॥

पुज्य आईचे ध्यान करूं । प्रेमानें ते चरण धरूं ॥
मानव जन्मीं या उद्धरूं । योग हा आहे ॥ १०७ ॥

वाहे गंगा ती झरझर । चला जाऊं या तीरावर ॥
सांगे सकलां "मधूकर" । पामर एक ॥ १०८ ॥

॥ इति "दासमधुकृत" प० पू० भगवती "निर्मलादेवी "
माहात्म्य समाप्त ॥

॥ प० पू० भगवती निर्मलामाताजी चरणार्पणमस्तु ॥

॥ ॐ शांतिः शांतिः शांतिः ॐ ॥

I am an artist from Dongri,
And the great command comes from my Guru.
Through yoga, this divine meeting happened,
And I met the Mother. || 106 ||

Let us meditate upon the revered Mother,
And hold Her feet with love.
Let us uplift ourselves in this human birth,
For this is the true path of Yoga. || 107 ||

The Ganga flows swiftly,
Let us go to its sacred shores.
Says "Madhukar" to all,
That he is but a humble being. || 108 ||

Thus, the sacred scripture "Dasamadhukrit"
on the glory of the revered Goddess
"Nirmala Devi" concludes.

May this be humbly offered at the holy feet
of the revered
Goddess Nirmala Mataji.

|| Om Shantiḥ Shantiḥ Shantiḥ Om ||

आरती

(चाल-साधी)

जय देवी जय देवी जय निर्मल गंगे ।
ओवाळितो आरती तुजला जय दुर्गे ॥ धृ० ॥

ठाऊक नव्हती ज्यांना ती ईश्वर-भात ।
दर्शन देशी त्यांनां तूं दैवी शक्ति ॥
येऊन मानव जन्मां जी दुर्लभ शांति ।
ती सद्भक्तां लाभे पूजतां तंव मूर्ती ॥ जय० ॥ १ ॥

जय जगदंबे माते तूझी धन्य लिला ।
प्रसन्न दर्शन लाभे भाळावर टिळा ॥
मधुरवाणी तूझी कळेल ती ज्याला ।
कधींच मानवजन्मीं दुःख नसे त्याला ॥ जय० ॥ २ ॥

लपून बसली आहे शरिरीं कुंडलिनी ।
क्षणात करशी जागृत स्पर्शानें जननी ॥
कलियुगीं ही माते अजब तूझी करणी ।
तूझे आगमन देवी पावन ही धरणी ॥ जय० ॥ ३ ॥

मानव-कल्याणासी तंव जीवन सगळे ।
शरिर तुझे जैसे चंदन ते झिजले ॥
कधीं न सुटणारे ते चरण तुझे धरले ।
दास "मधुकर" सांगे मजला उद्धरीले ॥ जय० ॥ ४ ॥

॥ ॐ नमो भगवती माताजी निर्मलादेवी ॐ ॥

Aarti

(Tune – Simple)

Victory to the Goddess, Victory to the Goddess,
Victory to Nirmal Ganga!
We offer this Aarti to You, Victory to Durga! [Chorus]

Those who were unaware of the Divine Essence,
You revealed to them Your Divine Power.
Through this human birth, which is rare,
True devotees attain peace by worshipping Your idol.
Victory To Thee Always! [1]

Victory to Jagadamba Mata, Your divine play is wondrous!
With Your auspicious darshan, a tilak graces our foreheads.
Only those who understand Your sweet words,
Never experience sorrow in their human life.
Victory To Thee Always! [2]

Kundalini lies hidden within the body,
Yet, with a single touch, O Mother, You awaken it instantly!
In this Kaliyuga, O Mother, Your miracles are extraordinary,
Your divine arrival has sanctified this Earth.
Victory To Thee Always! [3]

Your entire life is dedicated to the welfare of humanity,
Your body, like sandalwood, has worn itself out for others.
Holding firmly to Your feet, we shall never let go,
Your devotee "Madhukar" proclaims –
You have granted me salvation!
Victory To Thee Always!! [4]

|| Om Namo Bhagavati Mataji Nirmala Devi Om ||

आरती

(चाल : आरती ज्ञानराजा...)

आरती तूझी गातां । निर्मळा देवी माता ॥
होई दूरी सारी चिंता । लाभती सत्य वाटा ॥ धृ० ॥

सदां मुखीं तूझे नाम । हैची साधकाचे काम ॥
तुझ्या ठायीं पुण्यधाम । लाभे आम्हां अनाथां ॥ १ ॥

तुझें गुण वर्णं कैसे । दिव्य ते तेज दिसे ॥
तुझे रूप जणूं भासे । जैसी रामाची सीता ॥ २ ॥

तंव ठायीं ध्यान राहे । आई जगताची आहे ॥
कलियुगीं जशी वाहे । भासे गंगा सरीता ॥ ३ ॥

भाग्य तुझिया हातां । आम्हां उद्धारी आतां ॥
योग सहज करितां । होई ज्ञानाचा साठा ॥ ४ ॥

आम्हीं जन संसारी । चित्त चंचल हे भारी ।
दारी आलो माम्हां तारी । मधु राही दंग गीतां ॥ ५ ॥

Aarti

(Tune: "Aarti Gyanaraja...")

Singing Your Aarti, O Nirmala Devi Mata,
All worries fade away, and the path of truth is revealed.
[Chorus]

Your name should always be on our lips,
This is the true duty of a seeker.
In You resides the abode of virtue,
A refuge for us, the helpless ones. [1]

How can I describe Your glory?
Your divine radiance shines brilliantly.
Your form appears as luminous
As Sita, the consort of Lord Rama. [2]

Meditation upon You remains constant,
For You are the Mother of the universe.
In this Kali Yuga, You flow
Like the sacred waters of the Ganga. [3]

Our fate lies in Your hands,
Now, uplift us and grant us liberation.
Through Sahaja Yoga, effortlessly,
We attain the wealth of true knowledge. [4]

We are worldly beings,
Our minds restless and wavering.
We come to Your door—O Mother, uplift us!
Madhukar remains absorbed in Your song. [5]

॥ नमस्काराष्टक ॥

हे श्रीगणेशा तुझी धन्य लीला । तुझ्या कृपे ज्ञान ते भाविकाला ॥
जी दैवीशक्ती रमे मानवात । त्या थोर माताजींना जोडूं हात ॥ १ ॥

जे या प्रपंचात रमलेत जीव । त्यांच्या सुखां देई मक्तिची ठेव ॥
जी आत्मजानां करीते समर्थ । त्या थोर माताजींना जोडू हात ॥२॥

कोणी म्हणे लक्ष्मीचे आहे दर्शन । 'माँ' ही भवानी म्हणती तिला जन ॥
जे कार्य केले तया नाही अंत । त्या थोर माताजींना जोडू हात ॥३॥

दे ज्ञानभक्तां "सहज योग" द्वारे । उद्धारिले भक्त मातेनें सारे ॥
ज्या शक्तिचे कार्य आहे अनंत । त्या थोर माताजींना जोडू हात ॥ ४ ॥

जे जे कुणां द्यावयाचे ते दिले । दानाचे द्वार सदाकाळ खुळे ॥
जी आजवर मानवां आली देत । त्या थोर माताजींना जोडू हात ॥ ५ ॥

डोळ्यातही तेज ते दिव्य आहे । साक्षात देबीच जाग्रत राहे ॥
ज्या शक्तिचे रूप बदले क्षणात । त्या थोर माताजींना जोडू हात ॥ ६ ॥

कनवाळू मातेवा मायाळू हात । फिरतो जयावर ती घन्य पाठ ॥
जी भाविकांच्या बसे अंतरात । त्या थोर माताजींना जोडू हात ॥ ७ ॥

यावे प्रथम भक्तिमार्गे रमावे । त्यानंतरी आईला ओळखावे ॥
केली " मधूची" लक्ष्मीशी भेट । त्या थोर माताजींना जोडूं हात ॥ ८ ॥

जनता जनार्दन जर्गी जागविला ।
संसार सारा सुख शोभविला ॥
भजनीं भजा भक्तहो भगवतीला ।
नमस्कार नमस्कार नारायणीला ॥

Namaskarashtak (Eight Verses of Salutation)

Oh Shri Ganesha, your divine play is truly wondrous,
By your grace, the devoted attain true knowledge.
The divine power that resides within humans,
To that great Mataji, we fold our hands in reverence. [1]
Those who are engrossed in worldly affairs,
Are blessed with liberation and true joy.
She empowers the seekers of the Self,
To that great Mataji, we fold our hands in reverence. [2]
Some call her Lakshmi, the goddess of prosperity,
Others refer to her as Bhavani, the divine Mother.
Her work is endless, eternal, and boundless,
To that great Mataji, we fold our hands in reverence. [3]
She grants wisdom and devotion through Sahaja Yoga,
Lifting all her devotees to liberation.
Her divine power is limitless, infinite,
To that great Mataji, we fold our hands in reverence. [4]
She has always given whatever is meant to be given,
Her door of generosity forever remains open.
She has been bestowing blessings upon humanity,
To that great Mataji, we fold our hands in reverence. [5]
Her eyes radiate divine brilliance,
The Goddess herself remains ever awakened.
Her form transforms in an instant,
To that great Mataji, we fold our hands in reverence. [6]
A compassionate Mother, her hands are full of love,
She protects and blesses those who seek her refuge.
She forever dwells in the hearts of her devotees,
To that great Mataji, we fold our hands in reverence. [7]
First, immerse yourself in the path of devotion,
Then, you will truly recognize the Mother.
"Madhukar" has now united with Lakshmi,
To that great Mataji, we fold our hands in reverence. [8]

**She has awakened the divine within all people,
Bringing joy and harmony to the world.
O devotees, worship Bhagavati in your hearts,
We bow, we bow to Narayani with deep reverence.**

प. पू. माताजी निर्मलादेवी यांची बहुमोल वाणी

"सहज योग"

आनंद आणि सुख यांचा शोध घेत जाणारा माणूस स्वतःला सोडून त्रिभुवन पालथे घालीत राहतो, हे विचित्र नव्हे काय? आपणच आनंदनिधान आणि सुखाचा अभिजात निर्झर आहो, हे त्याला उमगत नाही, हेच खरे.

स्वतःची स्वतःला अजिबात ओळख नसल्याने आपण म्हणजे एक रूपहीन आणि केवळ वैताग असणारे आहोत, असेच त्याला जाणवत राहते. आनंदाचा शोध माणूस घेतो तरी कशा कशांत? कोणी पैशांत, कोणी मालमत्तेत, कोणी सत्ता संपादनात, अथवा मर्यादित मानवी प्रेमभावनेत किंवा फारच झाले तर धर्मात. पण या धार्मिक गोष्टीसुद्धा सगळ्या मानवाच्या बाह्य उपाधी आहेत, अगदी धार्मिक गोष्टीं देखील.

त्याचा हा शोध बाहेर चालू असतो. अशा माणसाचे अवधान त्याच्या अंतरंगाकडे कसे वळवायचे, हीच मुख्य समस्या आहे. हे अंतरंगातील अस्तित्व म्हणजे "जागृती." ही जागृती चैतन्यरूप असते. (ईश्वरी प्रेमाचा चैतन्यरूप साक्षात्कार असे मी तिचे वर्णन करते.)

ईश्वरी प्रेमाच्या सर्वश्रेष्ठ चैतन्यशक्तीकडून जसे ज्या प्रकारचे मार्गदर्शन मिळते, त्या प्रकारे भौतिक उत्साहशक्ती कार्यप्रवण होऊन तिचा आविष्कार आणि भौतिक उत्क्रांती याचे दर्शन घडते. ही अज्ञात चैतन्यशक्ती किती विचारी आणि केवढी शक्तिमान आहे, याची आपणास माहिती नाही.

मुळीच गाजावाजा न करता कार्यप्रवण असणाऱ्या या जागृतीची चलनवलने अशा सूक्ष्मतेने, प्रेरकतेने, व्यापकतेने आपोआप होत असतात की, ते सर्व गृहीत आहे असेच आपण धरून चालतो.

या चैतन्याचा साक्षात्कार झाल्यानंतर (Self-Realization) निःशब्द अशा चैतन्य लहरीच्या स्वरूपात ते प्रथम दिसते, प्रकट होते. कोणत्याही निराकारावर आपले चित्त आपणास खिळवून ठेवता येत नाही. त्यामुळे आपले लक्ष अशा कोणत्या तरी स्वरूपात प्रतीत होणाऱ्या गोष्टीच्याच शोधात असते.

तेव्हा हे जे चैतन्य किंवा हा जो ईश्वरीशक्तीचा साक्षात्कार, जो प्राप्त करून घेण्याची पद्धती आता शोधून काढली गेली आहे, हा ईश्वरीशक्तीचा साक्षात्कार म्हणजेच आनंद. यालाच "सहज योग" असे नाव आहे.

Her Holiness Shri Mataji Nirmala Devi's Precious Words

"Sahaja Yoga"

Isn't it strange that a person, in search of joy and happiness, turns the entire universe upside down while completely ignoring themselves? The truth is that they fail to realize that they themselves are the very source of joy and the pure fountain of happiness.

Since one has absolutely no self-awareness, they feel as if they are formless and merely burdened with restlessness. But where does a person seek happiness? Some look for it in wealth, some in property, some in acquiring power, others in limited human emotions of love, and at most, in religion. However, even religious practices are just external identifications of humanity, just like other worldly attributes.

Their search continues outward. The real challenge is how to turn such a person's attention inward. This inner existence is called "awakening." This awakening is in the form of Chaitanya (divine consciousness). (I describe it as the realization of divine love in its conscious form.)

The supreme divine consciousness, which is the essence of divine love, provides guidance in different ways. Accordingly, the physical energy is awakened, leading to its manifestation and the visible evolution of matter. We have no idea how profoundly intelligent and powerful this unknown divine energy is.

This awakening operates in an extremely subtle, inspiring, and all-encompassing manner, without any display or announcement. It functions so naturally that we take it for granted.

After the realization of this divine energy (Self-Realization), it first appears as silent waves of Chaitanya and then reveals itself. One cannot focus their mind on something formless, so they instinctively seek something in a perceivable form.

Thus, this Chaitanya, or the realization of divine energy, is now accessible through a method that has been discovered. This realization of divine energy is true joy. This is what is known as "Sahaja Yoga."

श्रीदत्तजयंती (ता. ९-१२-७३) रोजी स्वामी गगनगिरी महाराजांनी भाविकांना गगनगडावर दिलेला संदेश
केवळता आणि शांतिमार्ग

अपार संख्येने दत्तजयंतीकरिता इथे जमलेल्या तुम्हा प्रत्येकाला मला विचारायचे आहे—खरेच का तुम्ही जीवनाच्या मूलभूत समस्येवर विचार केला आहे? मनापासून तुम्हांला योगामागे धावायचे आहे का? उदात्त जीवनाची अनुभूती हवी आहे का?

तर मग हे लक्षात घ्या की, तुमचा मार्ग इतरांहून वेगळा आहे. तो तुम्हांलाच शोधावा लागेल.

खऱ्या आनंदाखेरीज सगळे काही आजच्या माणसाला मिळाले आहे. सुखाची खेळणी विज्ञानाने आपल्यापुढे टाकली, पण खरा आनंद हे मृगजळच राहिले. रावणाची सोन्याची लंकादेखील जळून खाक झाली, कारण मुळातच तो एक असंतुष्ट आत्मा होता.

सुख ही एक मनाची दृष्टी आहे. स्वयंभू मानव आत्मतखी असतो. तो अनंत कालाशी अनुसंधान ठेवू शकतो. असंतुष्टता आणि लालसा म्हणजे शाप. व्यक्तीकडून समाजाकडे, समाजाकडून विश्वाकडे आपल्या न संपणाऱ्या इच्छा प्रवास करतात, त्यामुळे मन थकते आणि अंतर्द्वंद्व निर्माण होतात.

वास्तवाचा डोळसपणे विचार आणि स्वीकार करायला आपण शिकूया. गरजांचे गाठोडे म्हणजे सुख नव्हे. गरज आणि लालसा यात जमीन-अस्मानाचा फरक आहे. इच्छेच्या पलीकडचा अर्थ प्रत्येकाने पकडला पाहिजे.

मला असे वाटते की, भौतिक ऐश्वर्य वाढायला लागले की निर्भेळ आनंदापासून आपण दूर जाऊ लागतो. वासनामय जीवनाचा शेवट निराशेत होतो. या उलट, आशेच्या जंजाळातून मुक्त असे जीवन अर्थमय ठरते.

या गडावरील धुक्याइतकीच दुःखे आणि वेदना धूसर असतात. मानवात अंतःप्रेरणा नसल्याने दुःख त्याच्यावर स्वार होते. दुःखाचा अर्थबोध होताच त्याला आत्मज्ञान होते.

योगाच्या भाषेत बोलायचे तर संकटे संधी निर्माण करतात. अनेक माणसे आपल्या दुःखाकरिता दुसऱ्याला दोष देतात, त्यांच्यावर टीका करतात.

खरे सांगायचे तर दुसऱ्यांच्या उणीवा उदार अंतःकरणाने सहन करायला पाहिजेत. दुसऱ्याची दुःखे स्वतःत सामावण्याची कला म्हणजेच योग.

तडकाफडकीच्या इलाजाकरिता गडावर येणाऱ्यांची गर्दी फार. मूलभूत समस्येवर प्रश्न विचारणारा असा एकादाच. येथे येणारे गरीब शेतकरी आणि धनाढ्य श्रीमंत—दोषेडी आत्मवंचनेत फसलेले, आंधळेपणाने मायेच्या जाळ्यात अडकलेले. आत्मज्ञान आणि प्रेमाचा ओलावा यांच्या अभावामुळे त्यांचे जीवन वैराण वाळवंट भासते.

क्षणाक्षणांनी जीवनाचे धागे विणले जातात. ज्याला क्षणांचे सौंदर्य भावते, त्याला स्वर्ग आणि पृथ्वीच्या संगीतातील सुसंगती कळते. आणि मग विश्वाची लय जाणवते. उत्पत्ती ही शब्दापलीकडची स्थिती आहे. पण अशा अनुभवांचे मोजमाप जर तुम्ही करीत बसलात, तर पुन्हा एकदा जगाच्या चिखलात आणि कोलाहलात तुम्ही याल. सद्भावनांची संस्कृती म्हणजेच खरा योग. अलिप्ततेचा परमोच्च गाठा. शांती हाच स्थायीभाव ठेवा. शांततेत अपार शक्ती आहे. आशेची वर्तुळे छेदून जाणाऱ्या जीवाला ईश्वरी वरदान कळते. असा आत्मा केवळ असतो. त्याचे जीवनघरटे ईश्वरी प्रेरणेने बांधले जाते.

या भारतवर्षात शतकानुशतके आपल्या थोर साधुपुरुषांनी अहिंसा आणि करुणा यांची थोर शक्ती सिद्ध करून दाखविली आहे. त्यांचे शांत जीवन खऱ्या मैत्री व शांतीचे वातावरण निर्माण करू शकले.

शांती आणि आनंदाने जागा झालेला जीवात्मा विश्वाला मार्गदर्शक होतो. जीवन त्याच्या माध्यमातून एक नवे स्वप्न धारण करते. हा मुक्तात्मा कृतीवाचून कृतिशील असतो. शब्दावाचून तो तत्त्वबोध करतो. इतरांकरिता जगतानाच तो आत्मसंपन्न होतो. त्याच्या हातून सर्व घडते, पण त्याचे श्रेय मात्र तो घेण्यास तयार नसतो. जीवनाचे महान गुपित जाणण्यासाठी तो वासनेची लक्करे टाकून देतो.

स्वयंभू ताज्याप्रमाणे त्याचे अस्तित्व हेच मानवजातीचे वरदान!

~ स्वामी गगनगिरी महाराज

Message Given by Swami Gagangiri Maharaj to Devotees at Gagangad on the Occasion of Shri Dattajayanti (9-12-73)

Solitude and the Path of Peace

To each one of you gathered here in vast numbers for Dattajayanti, I ask—have you truly reflected on the fundamental problems of life? Do you sincerely wish to pursue Yoga? Do you long for the experience of a higher way of living?

If so, understand this: your path is different from others. It is a path that you alone must seek and discover.

Today, man has gained everything except true joy. Science has placed the toys of comfort before us, yet real happiness remains a mirage. Even Ravana's golden Lanka was reduced to ashes because, at his core, he was a restless and dissatisfied soul.

Happiness is a state of mind. A self-realized soul is content within and remains connected to eternity. Discontentment and desires are curses. Our unending wants travel from individuals to society and from society to the universe, exhausting the mind and creating inner conflict.

Let us learn to observe reality with clarity and accept it with wisdom. A bundle of material needs does not constitute happiness. There is a vast difference between need and greed. Each one must grasp the meaning that lies beyond mere desire.

I believe that as material wealth increases, we drift further away from pure joy. A life driven by indulgence ends in despair. In contrast, a life freed from the entanglement of expectations finds meaning.

Sufferings and pains are as transient and vague as the mist on this hill. Due to a lack of inner awareness, suffering takes hold of man. But the moment he understands its meaning, he attains self-knowledge.

In the language of Yoga, challenges create opportunities. Many people blame others for their suffering, criticize them, and dwell on their faults. The truth is, we must cultivate the generosity to accept others' shortcomings with a kind heart. The ability to absorb others' suffering within oneself—that is Yoga.

A great crowd gathers on this hill seeking quick remedies, but only a rare seeker questions the deeper issues of life.

Among those who come here—whether poor farmers or wealthy individuals—many remain trapped in self-deception, blinded by the illusions of attachment. Lacking self-knowledge and the warmth of love, their lives feel like barren deserts. Life is woven moment by moment. One who appreciates the beauty of each instant understands the harmony between heaven and earth, sensing the rhythm of the universe. Creation lies beyond words, but if you attempt to measure such experiences, you will once again fall into the chaos and mire of the world.

The culture of goodwill is the true essence of Yoga—the highest pinnacle of detachment. Maintain peace as your constant state, for peace holds boundless power. The soul that transcends the circles of hope realizes the divine gift. Such a soul exists in pure solitude, and his life is shaped by divine inspiration.

For centuries, the great sages of India have demonstrated the immense power of non-violence and compassion. Their peaceful lives fostered an atmosphere of true friendship and harmony.

A soul awakened by peace and joy becomes a guiding light for the world. Life, through him, embraces a new vision. This liberated soul is active without action, teaches without words, and, while living for others, remains fulfilled within.

Everything happens through him, yet he claims no credit. To understand the great mystery of life, he renounces the tattered garments of desire. Like the self-sustaining peaks, his very existence is a blessing to mankind!

~ Swami Gagangiri Maharaj